Nursing Theories and Professional Practice
NURS309
Southwestern College Professional Studies

COURSE SYLLABUS

I. Course Catalog Description
As the first course for registered nurses who are pursuing a baccalaureate degree in nursing, this course explores the increasing complexity of healthcare and changes in professional nursing. Through an understanding of nursing theories and the history of the role of the nurse in society, learners develop further knowledge of the evolving healthcare environment and delivery of healthcare, and the developing role of professional nursing in managing, collaborating, and advocating for quality patient care, and forging productive relationships with other key stakeholders as they examine and plan individual career goals. Prerequisites: ENGL102 and COM 125.

II. Required and Supplementary Instructional Materials

Supplemental Resources:

III. Learning Outcomes
Learning outcomes describe the knowledge, skills, values, and attitudes that learners gain as the result of a particular learning experience. Southwestern College Professional Studies has learning outcomes specific to the Nursing Program, as well as institution-wide outcomes related to the mission and vision of the college. Outcomes can help learners and instructors focus on the big picture of the learning experience and can help inform potential employers about a graduate’s knowledge and skills.

Upon successfully completing this course, the learner will be able to:

<table>
<thead>
<tr>
<th>Learning Outcome</th>
<th>Related Program Outcome(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Examine and identify lifestyle strategies to ensure success in returning to college.</td>
<td>1, 7, 10</td>
</tr>
<tr>
<td>2. Enhance knowledge and ability to articulate information in the form of written assignments, group projects, and presentations.</td>
<td>1, 6, 7, 9, 10</td>
</tr>
<tr>
<td>3. Utilize technology skills to advance nursing knowledge of evidence-based nursing practice, using the internet and library resources to review research and gather information required for assignments.</td>
<td>3, 5, 7</td>
</tr>
<tr>
<td>4. Recognize the attributes of professional nursing practice today while clarifying one’s own values regarding BSN education and practice</td>
<td>1,2,3,4,6,8,9,10</td>
</tr>
<tr>
<td>5. Explore nursing theories, define key terms in theory development and recognize information identifying impact on present nursing practice.</td>
<td>1,3,4,8,9</td>
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<tr>
<td>6. Discuss nursing care delivery from a Christian perspective.</td>
<td>1,2,3,4,9,10</td>
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</tbody>
</table>

At the end of the course, learners may vary in their ability to achieve these outcomes. You are more likely to achieve these outcomes only if you attend class and/or online activities as required by the syllabus,
complete the requirements for all assignments to the best of your ability, participate actively in class activities and group work as directed, and study diligently for exams.

IV. Course Policies
Students are expected to read and abide by the course policies found in the instructor-specific syllabus located in the Blackboard course.

V. Course Requirements:

<table>
<thead>
<tr>
<th>Requirements</th>
<th>Number of Assignments</th>
<th>Points Possible</th>
<th>Percent of Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Discussion Board Posts</td>
<td>7</td>
<td>220</td>
<td>21%</td>
</tr>
<tr>
<td>Unit Assignments</td>
<td>3</td>
<td>90</td>
<td>9%</td>
</tr>
<tr>
<td>Quizzes</td>
<td>5</td>
<td>100</td>
<td>10%</td>
</tr>
<tr>
<td>Time Management Reflective Journal Assignment</td>
<td>1</td>
<td>120</td>
<td>12%</td>
</tr>
<tr>
<td>Consultation with the Online Writing Center for the Personal Philosophy of Nursing Paper</td>
<td>1</td>
<td>60</td>
<td>6%</td>
</tr>
<tr>
<td>Personal Philosophy of Nursing Paper</td>
<td>1</td>
<td>150</td>
<td>15%</td>
</tr>
<tr>
<td>Nursing Theorist Presentation</td>
<td>1</td>
<td>150</td>
<td>15%</td>
</tr>
<tr>
<td>CertifiedProfile Account Creation</td>
<td>1</td>
<td>20</td>
<td>2%</td>
</tr>
<tr>
<td>Practice Experience Journal</td>
<td>1</td>
<td>100</td>
<td>10%</td>
</tr>
<tr>
<td><strong>Total Points</strong></td>
<td><strong>21</strong></td>
<td><strong>1010</strong></td>
<td><strong>100%</strong></td>
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</tbody>
</table>

Practice Experience Requirements
For this course, there are a total of 2 practice learning experience hours required. Please refer to the Nursing Program Handbook for questions.

- Interview two BSN prepared nurses asking questions regarding professional nursing practice and values regarding BSN education and practice. Then compare and contrast the two interviews in your practice experience journal. Use the BSN Essentials resource in your analysis.

VI. Course at a Glance:

<table>
<thead>
<tr>
<th>Unit</th>
<th>Unit Learning Objectives</th>
<th>Reading &amp; Preparation Activities</th>
<th>Graded Work Due</th>
<th>Related Learning Outcomes</th>
</tr>
</thead>
</table>
| 1    | • Identify a clear understanding of the RN-to-BSN program expectations, as outlined in the student catalog and nursing handbook  
      • Discuss the formal and informal educational expectations for professional nursing practice  
      • Relate the core competencies for health professionals to professional nursing practice  
      • Discuss responsibility and accountability in professional nursing practice  
      • Begin development of a personal philosophy of professional nursing | • Read the course syllabus  
      • Read the Nursing Handbook  
      • Read the Undergraduate Catalog  
      • Watch the DEETS Search Video  
      • Familiarize yourself with the APA tools provided in the Academic Resources link on the course menu and in the APA Manual  
      • Read the BSN Essentials  
      • Register for a Self-Service account  
      • Read Kearney-Nunnery, Ch. 1  
      • Read Kearny-Nunnery, Ch. 1 PowerPoint | • Introduction discussion  
      • Unit 1 Discussion  
      • Handbook Quiz  
      • Catalog Quiz  
      • Confidentiality Form (non-graded) | 1, 2 |
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<tr>
<th>Unit</th>
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| 2    | 1. Define key terms in theory development and utilization  
2. Describe the components of developmental theories and their application to individuals across the life span  
3. Discuss the impact of theory on practice  
4. Discuss the advantages of using explicit conceptual models of nursing and nursing theories to guide professional nursing practice. | 1. Read Kearney-Nunnery, Ch. 2 & 3  
2. Read Kearney-Nunnery, Ch. 2 & 3 PowerPoints  
3. Review the BSN Essentials Document  
4. Familiarize yourself with the APA tools provided in the Academic Resources link on the course menu and in the APA Manual  
5. View OSHA video “As it Should be Done: Workplace precautions against BloodBorne pathogens”  
6. Begin gathering information for the Time Management Reflective Journal that is due in Unit 3  
7. Begin working on the draft of your Personal Philosophy of Nursing Paper and schedule a consultation for review of this draft with the SC Writing Center | 1. Unit 2 Discussion  
2. Unit 2 Questions  
3. APA Style Quiz  
4. Bloodborne Pathogen Quiz | 2, 3, 4, 5 |
| 3    | 1. Review the various communication models and the importance of communication skills necessary in the practice environment and barriers to good communication  
2. Understand the dynamics of working with groups – the characteristics and various roles within the group.  
3. Describe the teaching-learning process and ways to assess learning readiness and motivation  
4. Examine differences in the ways people learn | 1. Read Kearney-Nunnery, Ch. 6, 8, 9  
2. Read Kearney-Nunnery, Ch. 6, 8, 9 PowerPoints  
3. Read the article on Time Management  
4. Continue working on the Personal Philosophy of Nursing Paper. Your online consultation with the SC Online Writing Center should have been scheduled during Unit 2. If you have not scheduled this consultation, please do so immediately. The online consultation must occur by the end of Unit 4 in accordance with the SC Online Writing Center hours of operation.  
5. Create your CertifiedProfile Account by following the instructions in the course.  
6. Choose a nursing theorist to research for the Nursing Theorists PowerPoint Presentation due in Unit 6. Post your chosen theorist in the Nursing Theorist Discussion Board. | 1. Unit 3 Discussion  
2. Time Management Reflective Journal Assignment  
3. Nursing Theorist Discussion | 2, 4, 5 |
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| 4    | • Examine the goals, structure, functions and culture of selected organizations  
      • Differentiate between leadership and management roles  
      • Define the leadership and management theories, including change theories and their impact on organizations  
      • Understand the change process for use with individuals, families and groups.  
      • Examine ethical practice in professional practice – including ANA Code of Ethics | • Read Kearney-Nunnery, Ch. 10-12  
• Read Kearney-Nunnery, Ch. 10-12 PowerPoints  
• Read HIPAA information and view HIPAA video  
• Review the 2015 ANA Code of Ethics  
• Read the American Nurses Association Position Statement on Privacy and Confidentiality  
• Read the American Nurses Association Position Statement on Risk and Responsibility in Nursing Care  
• Read the Institute of Medicine Future of Nursing Report  
• Continue working on the Personal Philosophy of Nursing Paper | • Unit 4 Discussion  
• HIPAA Quiz  
• Personal Philosophy of Nursing Paper Draft consultation with the SC Online Writing Center in accordance with Center’s hours of operation complete. Points will be added to the gradebook when the course instructor receives verification of the consultation from the SC Online Writing Center. | 1, 2, 4, 5, 6 |
| 5    | • Reviews the role of regulatory agencies in healthcare and the expectation of continuous quality improvement to promote safety  
      • Describe national initiatives aimed at improving health equity and reducing health disparities  
      • Describe computer and informatics application used in nursing practice, education, and research  
      • Examine the opportunities for interdisciplinary collaboration from an informatics perspective  
      • Review the basic economic concepts of supply, demand and market to healthcare  
      • Examine the various healthcare payment systems | • Read Kearney-Nunnery, Ch. 13, 15, 16, 18  
• Read Kearney-Nunnery, Ch. 13, 15, 16, 18 PowerPoints  
• Review Southwestern College’s Nursing Program Mission and Goals  
• Review the AACN Assisting Your Patients Presentation  
• Submit ALL credential information | • Unit 5 Discussion  
• Unit 5 Questions  
• Personal Philosophy of Nursing Paper Final Paper | 2, 3, 4, 5 |
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| 6    | • Identify how nurses can influence the passing of legislation  
      • Analyze statues and regulations governing nursing practice  
      • Examine the roles and activities of nurses and professional associations in influencing health policy decisions  
      • Evaluate trends in professional practice  
      • Envision personal competencies in professional nursing practice | • Read Kearney-Nunnery, Ch. 17 & 19  
• Review Kearney-Nunnery PowerPoint presentations for Ch. 17 & 19  
• Review the Kansas Nurse Practice Act. If you do not live in Kansas, please review the nurse practice act for your state of residence. | • Unit 6 Discussion  
• Unit 6 Questions  
• Nursing Theorist PowerPoint presentation  
• Practice Experience Journal  
• CertifiedProfile Account verification | 1, 2, 3, 4, 6 |

VII. Other Policies and Requirements

Follow this link to the Southwestern College Professional Studies Standard Syllabus in Blackboard. You may be required to log in.