



Self-Awareness & Personality Traits

STL 302

Southwestern College Professional Studies

COURSE SYLLABUS

I. Course Catalog Description

This course is designed for learners to enhance their self-awareness and creativity, and identify their leadership style. It requires learners to evaluate and enhance their personal leadership skills and develop a personal model of leadership.

II. Required and Supplementary Instructional Materials

Albrecht, K. (2006). *Social intelligence: The new science of success*. San Francisco, CA: Josey-Bass, John Wiley & Sons.

Keirse, D. (1998). *Please understand me II: Treatment character intelligence*. Del Mar, CA: Prometheus Nemesis.

III. Learning Outcomes

Learning outcomes describe the knowledge, skills, values, and attitudes that learners gain as the result of a particular learning experience. Southwestern College Professional Studies has learning outcomes specific to each course and each [undergraduate](#) and [graduate](#) program of study, as well as [institution-wide outcomes](#) related to the mission and vision of the college. Outcomes can help learners and instructors focus on the big picture of the learning experience and can help inform potential employers about a graduate's knowledge and skills.

Upon successfully completing this course, the learner will be able to:

- Identify the major personality types in self and others
- Explain how an individual's SPACE profile impacts how s/he interacts with others
- Describe strategies for effective interpersonal relationships
- Develop communication strategies for effective leadership
- Develop a greater social intelligence

At the end of the course, learners may vary in their ability to achieve these outcomes. You are more likely to achieve these outcomes only if you attend class and/or online activities as required by the syllabus, complete the requirements for all assignments to the best of your ability, participate actively in class activities and group work as directed, and study diligently for exams.

IV. Course Policies

Students are expected to read and abide by the course policies located in the instructor-specific syllabus in the blackboard course.

V. Course Requirements:

Requirements	Number of Assignments	Points Possible	Percent of Grade
Discussion Boards	6	135	13.5
Chapter Exercises	5	150	15
Applied Learning Papers	5	175	17.5
Journal	1	50	5
Exams	2	300	30
Capstone Paper	1	190	19
Total Points		1,000	100

VI. Course at a Glance:

Unit	Reading & Preparation Activities	Graded Work Due
1	<ul style="list-style-type: none"> Read <i>Keirse</i>, Chapters 1-6 	<ul style="list-style-type: none"> Unit 1 Introduction Discussion Unit 1 Chapter Exercise Unit 1 Applied Learning Paper
2	<ul style="list-style-type: none"> Read <i>Keirse</i>, Chapters 7-9 	<ul style="list-style-type: none"> Unit 2 Discussion Unit 2 Chapter Exercise Unit 2 Applied Learning Paper
3	<ul style="list-style-type: none"> Read <i>Albrecht</i>, Chapters 1-3 	<ul style="list-style-type: none"> Unit 3 Discussion Unit 3 Chapter Exercise Unit 3 Applied Learning Paper Midterm Exam
4	<ul style="list-style-type: none"> Read <i>Albrecht</i>, Chapters 4-6 	<ul style="list-style-type: none"> Unit 4 Discussion Unit 4 Chapter Exercise Unit 4 Applied Learning Paper Unit 4 Journal
5	<ul style="list-style-type: none"> Read <i>Albrecht</i>, Chapters 7-10 	<ul style="list-style-type: none"> Unit 5 Discussion Unit 5 Chapter Exercise Unit 5 Applied Learning Paper
6	<ul style="list-style-type: none"> Read Capstone Paper Assignment 	<ul style="list-style-type: none"> Unit 6 Discussion Unit 6 Capstone Paper Final Exam

VII. Other Policies and Requirements

Follow this link to the Southwestern College Professional Studies [Standard Syllabus](#) in Blackboard. You may be required to log in.