



## Personality Theories

PSY 362

Southwestern College Professional Studies

### COURSE SYLLABUS

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#### I. Course Catalog Description

The course provides an in-depth examination of the contemporary approaches to the psychological study of personality. *Prerequisite: PSY 110.*

#### II. Required and Supplementary Instructional Materials

Larsen, R., & Buss, D. (2014). *Personality psychology: Domains of knowledge about human nature.* New York, NY: McGraw-Hill.

#### III. Learning Outcomes

Learning outcomes describe the knowledge, skills, values, and attitudes that learners gain as the result of a particular learning experience. Southwestern College Professional Studies has learning outcomes specific to each course and each [undergraduate](#) and [graduate](#) program of study, as well as [institution-wide outcomes](#) related to the mission and vision of the college. Outcomes can help learners and instructors focus on the big picture of the learning experience and can help inform potential employers about a graduate's knowledge and skills.

Upon successfully completing this course, the learner will be able to:

1. Describe the six domains of knowledge about human nature
2. Apply existing and emerging theories of personality
3. Explain the role of heredity and genetics in personality
4. Discuss current and future direction of understanding of personality and the integration of personality theory into the 21st century

At the end of the course, learners may vary in their ability to achieve these outcomes. You are more likely to achieve these outcomes only if you attend class and/or online activities as required by the syllabus, complete the requirements for all assignments to the best of your ability, participate actively in class activities and group work as directed, and study diligently for exams.

#### IV. Course Policies

Students are expected to read and abide by the course policies located in the instructor-specific syllabus in the blackboard course.

#### V. Course Requirements:

#### VI. Course at a Glance:

Requirements	Number of Assignments	Points Possible	Percent of Grade
Discussion Boards	6	255	25.5
Journal Assignments	6	210	21
Video Blogs	6	150	15
Research Paper Topic, Bibliography, Outline, & Intro	4	85	8.5
Research Paper	5	150	15
Case Study	1	150	15
<b>Total Points</b>		<b>1,000</b>	<b>100</b>

## VII. Other Policies and Requirements

Unit	Reading & Preparation Activities	Graded Work Due
1	<ul style="list-style-type: none"> <li>• Read <i>Personality psychology</i>, Chapters 1-5</li> <li>• Read Personality Quiz Journal</li> <li>• View The Uniqueness of Humans</li> <li>• View Can you change your personality?</li> <li>• Read Research Paper Assignment</li> </ul>	<ul style="list-style-type: none"> <li>• Introductions discussion</li> <li>• Unit 1 Discussion</li> <li>• Unit 1 Journal Entry: Personality Quiz</li> <li>• Unit 1 Video Blog</li> <li>• Unit 1 Research Paper Topic</li> </ul>
2	<ul style="list-style-type: none"> <li>• Read <i>Personality psychology</i>, Chapters 6-8</li> <li>• Read: Public Observation Journal</li> <li>• View Body language shapes who you are</li> <li>• Review Research Paper Assignment</li> </ul>	<ul style="list-style-type: none"> <li>• Unit 2 Discussion</li> <li>• Unit 2 Journal Entry: Public Observation</li> <li>• Unit 2 Video Blog</li> <li>• Unit 2 Research Paper Bibliography</li> </ul>
3	<ul style="list-style-type: none"> <li>• Read <i>Personality psychology</i>, Chapters 9-11</li> <li>• Read Theorist Outline Journal</li> <li>• View Predicting Personality</li> <li>• Review Research Paper Assignment</li> </ul>	<ul style="list-style-type: none"> <li>• Unit 3 Discussion</li> <li>• Unit 3 Journal Entry: Theorist Outline</li> <li>• Unit 3 Video Blog</li> <li>• Unit 3 Research Paper Outline</li> </ul>
4	<ul style="list-style-type: none"> <li>• Read <i>Personality psychology</i>, Chapters 12-14</li> <li>• Read Movie Review Factors Journal</li> <li>• View Emotions</li> <li>• View What Motivates Us</li> <li>• Review Research Paper Assignment</li> </ul>	<ul style="list-style-type: none"> <li>• Unit 4 Discussion</li> <li>• Unit 4 Journal Entry: Movie Review</li> <li>• Unit 4 Video Blog</li> <li>• Unit 4 Research Paper Introduction</li> </ul>
5	<ul style="list-style-type: none"> <li>• Read <i>Personality psychology</i>, Chapters 15-17</li> <li>• Read Emotional Intelligence Quiz Journal</li> <li>• View Know Thyself, with a Brain Scanner</li> <li>• Review Research Paper Assignment</li> </ul>	<ul style="list-style-type: none"> <li>• Unit 5 Discussion</li> <li>• Unit 5 Journal Entry: Emotion Quizzes</li> <li>• Unit 5 Video Blog</li> <li>• Unit 5 Research Paper Final Draft</li> </ul>
6	<ul style="list-style-type: none"> <li>• Read <i>Personality psychology</i>, Chapters 18-20</li> <li>• Read Final Question Journal</li> <li>• Read Case Study Assignment</li> <li>• View Mental Health for All by Involving All</li> </ul>	<ul style="list-style-type: none"> <li>• Unit 6 Discussion</li> <li>• Unit 6 Journal Entry: Final Question</li> <li>• Unit 6 Video Blog</li> <li>• Unit 6 Case Study</li> </ul>

Follow this link to the Southwestern College Professional Studies [Standard Syllabus](#) in Blackboard. You may be required to log in.